

Creamy Coconut Avocado Sorbet

Ingredients:

- 2 avocados, peeled and pits removed
- 1, 13.5-ounce can Thai coconut milk
- 1/2 tsp. salt
- 3 Tbs cocoa powder
- 1/4 to 1/2 cup pure maple syrup

In a food processor or blender, combine all ingredients except maple syrup and blend/puree until smooth. Add maple syrup, and blend until combined.

Transfer mixture to a freezer-safe container and place in freezer for several hours or until sorbet is set. Remove and enjoy with choice topping.

This delicious recipe can be found on the website *Points In My Life*
(www.pointsinmylife.com)

"Your life as a Christian should make nonbelievers question their belief in God." - Anonymous